



Parent Handbook 2020

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This handbook is intended to be a living document that may change as new information, regulations, and guidelines are made available. It will serve as a guide for your summer preparations. Safety has always been our top priority and as we build our safe environment, we want to reassure you that we will not only make the best of the situation, we will create a fun-filled summer.



Camp Forms

All forms and handbooks can be found online via our Parent Dashboard. Visit www.breezemontdaycamp.com and click on 'Parent Dashboard'. If you cannot log-in, please call the office for assistance. Our parent handbooks can also be found in the enrolled families section on our website.

Camper Information Form:

- This form is required for grouping and to help us learn more about your child. Please complete it on the Parent Dashboard as soon as possible.

Medical Form:

- A CAMPER MAY NOT ATTEND CAMP WITHOUT A CURRENT MEDICAL FORM ON FILE, SIGNED BY A PARENT (OR GUARDIAN) AND DOCTOR.
- This form is invaluable should a medical emergency arise. The medical form is a PDF file you must download and print. Follow the instructions of the medical form and please submit all parts as soon as possible.

Camper Clothing:

- Your child's complimentary camp t-shirt, backpack, QR code, and name badge will be delivered to your home a few days prior to the first day of camp.
- Our Breezemont clothing store is open. Use this link to access the store - <https://breezemont-514912.square.site/>



Arrival & Departure

Breezemont Lite Drop-off & Pick-Up Policy

Due to the Westchester County Department of Health regulations, **Breezemont Lite is not able to offer busing to and from camp.** Please see below to review our new drop-off and pick-up policy for Summer 2020. Campers may not be dropped off or picked up on Cox Avenue. If you arrive before our gate is open, you may be asked to wait in neighboring Lombardi Park, not on Cox Ave.

AM Drop-Off Procedure

- Families will be given a designated arrival time window.
- Each camper will be provided with a QR code to scan upon arrival at camp. The QR code will be used to track attendance and completion of the daily home health assessment.
- The daily home health assessment **MUST** be done by all families (and staff) prior to arrival at camp. It must be completed on the **same calendar day.**
- Please enter the camp from RTE 22 ensuring you make a **right hand turn into camp.**
- To ensure safety, Breezemont Lite team members will guide cars through camp to a designated drop off zone. Please pull up to the assigned cone for your vehicle.
- We ask all parents to drive slowly and please be patient as we unload vehicles as quickly as possible. To help with this process, we ask that your child is seated on the right side of the vehicle as we will only be able to unload to the right side of the vehicle. **This is for everyone's safety.**
- Upon arrival at camp, a team member will greet your child in your car and perform a temperature check.
- Once checked, children will be escorted to their pod meeting location by a Breezemont Lite team member.
- Once your vehicle is unloaded please wait for a Breezemont Lite team member to guide you to the exit. Never back up or pass another car unless you are told to do so by a Breezemont Lite team member.
- Please **do not exit your vehicle** during this process.



PM Drop-Off Procedure

- Families will be given a designated pickup/departure time.
- Please enter the camp from RTE 22 ensuring you make a right hand turn into camp.
- When entering the property, you will be guided to your designated pickup zone.
- A Breezemont Lite team member will scan your camper(s) QR codes again.
- Campers will be brought directly to your vehicle and will enter and be buckled into the vehicle only on the right side. **This is for everyone's safety.**
- **ALWAYS BRING YOUR DRIVER'S LICENSE SO OUR TEAM CAN CONFIRM YOUR IDENTITY.**
- We ask all parents to drive slowly and please be patient as we load vehicles as quickly as possible.
- Please note that **no one is allowed to exit their vehicle** during this process.

Late Arrival & Early Pick-Up

- All campers arriving late will be met at their car in the front parking area by the white Main House. The camper will be checked in and then taken to their pod.
- Please let us know with as much advance notice as possible. Pull in to the front gate and call the main office from your cell phone. A staff member will meet you at your vehicle to either intake or release your child.
- If you plan to pick up your camper(s) early, please make sure to notify us in advance VIA TEXT to 914-483-3220. Please make sure to include your pick up time in your text. **ALL CAMPERS MUST BE SIGNED OUT WHEN PICKED UP EARLY.** Please remain in your car and we will have your camper brought to you in the front parking lot.
- Early pickup cannot be accommodated between 1:45pm-2:30pm due to possible congestion and our regular pickup procedure.
- If a camper is picked up earlier in the day, they may not return to camp until the next camp day.
- Breezemont Lite will not be offering extended hours in Summer 2020.



Playdates and Transportation Changes

- Campers will only be allowed to leave with their parent, guardian, or live-in au pair/nanny. Those designated to pick up campers **MUST** be registered with Breezemont Lite prior to the camp season.
- No playdates will be allowed.
- No carpooling will be allowed.

Grouping

- Campers are grouped by their age and grade they are entering in September. You may request a friend to be with your camper by completing the camper information form, located on the Parent Dashboard. We do not accept negative requests. You can request one camper for your child.
- You will be notified of your child's group by email before camp begins.
- Groups will be in Pods of **10 to 15 campers** with one pod leader and two to three counselors.
- Pod leader will virtually meet you via zoom/facetime/etc before camp to say hello to you and your camper.

3sA, etc (BOYS & GIRLS): Entering 3's preschool program.

4sA, etc (BOYS & GIRLS): Entering 4's preschool program.

5sA, etc (BOYS & GIRLS): Entering kindergarten.

G1A, etc (GIRLS): Entering 1st grade.

B1A, etc (BOYS): Entering 1st grade.

G2A, etc (GIRLS): Entering 2nd grade.

B2A, etc (BOYS): Entering 2nd grade.

GFA, etc (GIRLS): Entering 3rd & 4th grade.

BFA, etc (BOYS): Entering 3rd & 4th grade.

GSA, etc (GIRLS): Entering 5th and 6th grades.

BSA, etc (BOYS): Entering 5th & 6th grade.

BVA, etc (BOYS): Entering 7th and 8th grades.

GVA, etc (GIRLS): Entering 7th and 8th grades



Health & Safety

- Each morning, before your camper arrives at camp, you will be required to complete a home health assessment. The assessment is a brief, personalized online form. The link to this form will be emailed to you a few days before the first day of camp. You will simply need to answer a few yes/ no questions regarding your child's health. This form will help us determine if your child is permitted to attend camp for that day. If you have multiple campers, you will need to complete a form for each child.
- Parents and/or caregivers are expected to perform an at home health screening. This includes filling out the aforementioned form (which will be emailed to you daily) as well as daily temperature checks.
- Three days before camp starts campers and staff will be asked to submit their health screenings as well as during weekends.
- The daily, mandatory, online health questionnaires are required to be completed by the Department of Health, **even if the child is feeling under the weather and not attending camp that day.**
- If your child is sick, please do not send him/her to camp, as it may spread illness throughout the camp. The nurse doesn't have facilities to keep a sick camper in the health center all day. We will expect you to take the child home as soon as possible. A sick camper should go home in a parent's car. In the event that a camper is suspected to have COVID-19, we will contact the parents of that group to keep you informed.
- **Conjunctivitis/Eye Infections:** Please do not bring your child to camp if the whites of the eyes are "pink" or if they have a yellow discharge. Children cannot return to camp until the eyes are clear and they no longer have discharge from the eye.
- **Fever:** If your child is running a fever of **100.4°F or higher**, your child must stay home and will not be admitted to camp until the fever has lapsed for 24 hours. Please refer to the COVID-19 Handbook if appropriate for child's symptoms.
- **Bronchitis:** Children diagnosed with Bronchitis cannot return to camp without a note from a doctor.
- **Diarrhea or Vomiting:** Children must remain home 24 hours after their last bout of vomiting or diarrhea.
- **Chicken Pox:** Children cannot return to camp without a doctor's note.



- **Severe Cold:** While we know that colds and allergies can linger, we request that children with severe colds or allergies be kept home. This includes a constant cough, sneezing, or runny nose with "green or yellow mucus."
- **Strep Throat:** Children can return to camp 24 hours after their first dose of medication.
- **Head Lice:** When a child or children have been identified with Head Lice a notice will be sent out to all families with guidelines for identifying and treating Head Lice. We will also examine the entire group in the event that a case is identified. Children cannot return until they are "nit free".
- The healthcare form is part of your child's camp registration requirement. Because health and safety issues are of primary importance, we ask that you take a few minutes to review and answer the questions. It is extremely important to have the completed healthcare form returned to the camp office as soon as possible. This deadline is established because the nurse has to review each camper's health care form, and needs adequate time to contact both parents and pediatricians when any health issue is indicated. Because of liability issues, no child will be allowed to attend camp without a completed and signed (by parent and physician) health care form.
- If your camper's history indicates the use of daily medication (allergy, asthma, dietary, etc.), or any health problem that may present the need for special planning or prevention, you will receive a phone call from the nurse. The nurse will be available to speak with parents before camp begins via phone or Zoom call. Please take the opportunity to schedule a call, if needed. Bring any medication that will be kept at camp with you. New York State Health laws require that all medications to be dispensed at camp should be kept in their pharmacy-labeled containers. All children on medication must have signed consent from a parent/legal guardian AND physician with explicit instructions for times given and dosages of medication.
- The camp infirmary stocks common over-the-counter medications, which will only be dispensed according to the information provided on your camper's health care form, signed by both you and your physician.
- In the event of any emergency situation (i.e a natural disaster, power outage, etc.), Breezemont Lite uses an emergency contact service to inform parents. Should an evacuation be necessary, all campers and staff may relocate to the nearby Hillside Church, and parents will be notified.



- If your child is seen by the nurse, you may receive an email with details regarding the care given, and further instructions, if needed. A log of all interactions with the nurse is kept in the camp health center.
- Allergies related to food and insect stings are taken very seriously at Breezemont Lite. Please be sure that essential information is noted on part one of the online health form, and on the camper information form. If there are known allergies, please indicate the type of allergy, and what specific reaction(s) can occur. Make sure to indicate on the health care form if your child requires an Epinephrine auto-injector.
- The safety of children is always our main concern. In the unlikely event of a significant release of radiation in the local area, we keep a stock of potassium iodide (KI) pills. This tiny pill can be easily taken with water or applesauce and is proven protection against thyroid cancer. Although we are outside the area for which the Nuclear Regulatory Commission has mandated, we believe it is crucial to be prepared as best we can.



Program

Breezemont Lite is divided into three different camps:

- **Junior Camp** for 3-year-olds, 4-year-olds and entering Kindergarten
- **Upper Camp South** for entering 1st & 2nd grades
- **Upper Camp North** for entering 3rd & 4th grades
- **Varsity Camp** for entering 5th, 6th, 7th & 8th graders

2020 ACTIVITIES

BREEZEMONT LITE



SPORTS

SKILLS & DRILLS

Archery
Baseball Drills
Basketball Drills
Soccer Skills
Hockey Skills
Volleyball/Newcomb Skills
Lacrosse Skills
Tennis

RECREATION

Recreational Swimming
Sprinklers
Boating on Lake
(Upper Camp)
Aerial Playground
(mini zipline only)
Kickball
T-Ball/Wiffelball
Track & Field
Fitness
Lawn Sports
Fishing
Yoga
Frisbee Golf

ARTS & SCIENCE

Arts & Crafts
Dance
Theater
Music & Movement
STEAM
Wacky Science
Build It
Nature
Wilderness
Chess/Checkers



Sample Schedule

2020

BREEZEMONT LITE

SAMPLE DAILY SCHEDULE

	ARRIVAL	Period 1	Period 2 (Rolling Snack)	Period 3	Period 4	Period 5	Period 6	DISMISSAL
	8:45-9:30	9:30-10:15	10:30-11:00	11:15-11:45	12:00-12:30	12:45-1:15	1:30-2:00	2:15:3:00
Monday	Staggered Arrival and Parent Drop Off	Fitness	Swim	Lunch	Baseball Drills	Swim	Build It	Afternoon Snack and Parent Pick Up
Tuesday		Arts & Crafts	Swim	Lunch	Soccer Drills	Swim	Wilderness	
Wednesday		Theater	Swim	Lunch	Archery	Swim	Track & Field	
Thursday		Tennis	Swim	Lunch	Yoga	Swim	Chess/Checkers	
Friday		Fishing	Swim	Lunch	Lake	Swim	Frisbee Golf	



Theme Days and Dress-Up Days

Campers will participate in a variety of theme days that may involve dressing in costumes or silly attire. We encourage campers to be creative and dress up however, participation is not required. A Breezemont Lite Spirit Calendar will be sent home before the first day of camp.



Swimming

- All waterfront counselors have Lifeguard Training certificates.
- If a camper is consistently reluctant to participate in the swimming program and resists all reasonable efforts from pod leaders or counselors, parents will be notified.
- Each child's swimming ability is evaluated at the start of the camp season. The child is then placed in the appropriate free swim group.

A-B-C Water Levels

During each camper's first few days at camp, they will be given a deep water test to determine if they are:

- Non swimmer (C water)
- Swimmer (B water)
- Advanced swimmer (A water)

Campers swim skills are assessed during their first week, and continually throughout the summer.

Free Swim Deep Water Test

- C water - non swimmer.
- B water - swim 5 continuous widths (width is 24 ft) and tread water for 30 seconds.
- A water - swim 8 continuous widths (width is 24 ft) and tread water for 1 minute.
- Each pod will have two free swim periods daily. During these periods, campers and pod staff will not be required to wear masks while swimming. This is to allow for an enjoyable swim experience.
- Breezmont Lite has a total of five pools. Three pools, with graduating depths from three feet to six feet, and one pool with depths from two feet to three feet, and one pool from three feet to eight feet. Each water depth is designated with float lines and deck markings.
- Swim periods are approximately 30 minutes. All campers swim with a "buddy", and are supervised by one of their counselors. Lifeguards are always on duty during free swim.
- We provide towel service; there is no need to send towels to camp. Please send your child to camp wearing a bathing suit under their clothes. Please pack one additional bathing suit in your camper's bag each day. Campers are allowed to wear one-piece or tankini bathing suits, board shorts/swim trunks, swim shirts. Bathing suits must be athletically appropriate, not containing easily opened closures such as zippers or string ties.



Lunch & Food Service

- Breezemont Lite will provide campers and staff with lunch and 2 snacks daily. Parents will pre-select from a daily lunch menu online on a weekly basis. Our menu selections will be limited and include items that are easier to serve in individual boxes. Lunch choices will include our most popular menu items as well as daily substitutions. An allergy-friendly alternative will be available for each day's featured menu item. Outside food is not permitted.
- Each Tuesday you will receive a lunch ordering form for the following week. You will have the opportunity to pre-order your child's lunch choices from an email that will be sent to you. It is important to complete the form, one per child, by Thursday, 2:00pm before each camp week begins.

Sample Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken nuggets Smiley fries Watermelon	All Beef Hot Dog Potato Chips Pineapple	French toast sticks Tater tots Bananas	Hamburger French fries Clementines	Pizza Cantaloupe

- Daily substitutes include a variety of sandwiches, bagels, yogurt, cheese sticks, and a choice of vegetables and fruit. Vegetarian options and other dietary restrictions and food allergies will be accommodated. We are a nut-free camp. No items that contain nuts or are processed in a facility with nuts are served.
- An individually packaged morning snack will be provided, as well as an individually packaged afternoon frozen snack.

Camper Birthday

- If your child has a birthday during the summer, we have a special birthday celebration for him/her.
- Your child's pod will sing "Happy Birthday" and Gordon will come and present your child with their special birthday t-shirt.
- During afternoon snack time, your child and their pod will get the Famous Breezemont Chipwich.



Staff

- Breezemont has an extremely high return rate for staff. New counselors are often recommended by former counselors or returning staff, and most of them have day and/or overnight camp experience.
- All counselors have experience working with children, and our pod leaders are teachers, educators or parents.
- All staff will be required to wear face masks daily while at camp. They will also submit a daily health form and have their temperatures taken.
- During our pre-camp staff orientation program, counselors are thoroughly familiarized with the Breezemont Lite philosophy. Counselors understand that we are a relaxed, flexible camp, with realistic goals of achievement for each camper.
- We perform criminal, sex offender, and background checks on all staff. We also require one yearly reference check for returning staff and three reference checks for new staff.

Gratuities

A gratuity is a thank you for a job well done. It is not expected, but it is very much appreciated. Please consider the following guidelines for a full season at camp:

- POD LEADER/DIVISION LEADER/TEAM LEADER: **\$50-\$100**
- POD COUNSELORS: **\$25-\$50**
- ACTIVITY AND/OR WATERFRONT COUNSELOR: **\$25-\$50**

Due to safety concerns, please be sure to give tips in labeled envelopes and hand to staff that assists in loading and unloading your children at drop-off and pick-up. The envelopes will then be given to the office and handed out appropriately.



Policies

Visiting Days

- In order to minimize exposure, we will operate as a restricted campus this summer. Unfortunately, Breezemont Lite will not be permitting parent visitation. Therapeutic services will have limited availability and restricted protocols.

Cell Phone/Cameras

- **CAMERAS:** To protect against an invasion of privacy, we have a no camera policy for our campers.
- **CELL PHONE POLICY:** We have always taken the safety and well being of our campers, your child(ren), very seriously. With more children using the internet, cell phones, and other technologies at younger ages, we appeal to you as parents to partner with us to ensure that your child(ren) continues to have the safest, most wholesome, electronics-free, experience with us at camp as possible.
- Breezemont Lite has a “No cell-phone / smartphone / iAnything” policy at camp. As campers arrive each morning, all cell phones will be collected by their Pod Leaders and held in the office until departure time.
- We appreciate you working with us to keep the Breezemont Lite experience safe, healthy, and positive.

Miscellaneous

DAY 1 - Make sure to send the following items to keep in the cubby:

- sunscreen
- a rain jacket
- a sweatshirt
- a complete extra set of clothing (shirt, shorts, underwear, and socks)
- water shoes and a pair of athletic sneakers
- hat (to be used for sunny or rainy days)

PLEASE CLEARLY LABEL ALL ITEMS SENT TO CAMP WITH YOUR **CHILD'S FIRST AND LAST NAME**.

- We urge you **NOT** to allow your camper to wear jewelry or bring valuable items to camp. (i.e., video games, cell phones, iPods, etc.)
- All sports equipment is provided; campers do not need to bring their own.



Daily Camp Photos

Due to the health department imposed regulations that limit the ability for counselors to “float” between groups, we will not have a dedicated team of camp photographers this summer. Instead, Pod Leaders will be taking photos throughout the camp day and will be sending them to you. Please note that the volume of photos posted this summer will be drastically reduced from previous summers and no photos will be uploaded to the Camp Today Portal. We apologize in advance for this situation.

Communication

Feel free to contact us at any time via email (office@breezemont.com) or phone (914) 367-1936.

We will keep you fully updated at all times via phone, e-mail, our weekly newsletter, and our website at www.breezemont.com.

Pod leaders will contact you prior to camp via **email or phone**.

Camp Dates - 2020

WEEK ONE: JULY 20th - JULY 24th

WEEK TWO: JULY 27th - JULY 31st

WEEK THREE: AUGUST 3rd - AUGUST 7th

WEEK FOUR: AUGUST 10th - AUGUST 14th

WEEK FIVE: JULY 17th - AUGUST 21st





Thank You!

Finally we would like to thank you and your support during these times. We truly feel blessed to have so many amazing families as part of our Breezemont community. Our mission is to provide children with an experience that lasts a lifetime while ensuring their safety and wellbeing.

We are One Breezemont!

